



P  
4013



October 10, 2019

Japan International Cooperation Agency  
10th & 13th Floors, DHPL Building,  
No. 42, Navam Mawatha, Colombo - 2, SRI LANKA.  
TEL : (+94)011-2300470 / 2303700  
FAX : (+94)011-2300473 / 2303692  
E-mail : sl\_oso\_rep@jica.go.jp  
Homepage: <http://www.jica.go.jp/srilanka/english/index.html>  
Facebook : <https://www.facebook.com/jicasrilanka>

Director General  
Department of External Resources  
Colombo 1.



Dear Sir,

**Knowledge Co-creation Programme**  
**'Strengthening Social Health Protection Towards Universal Health Coverage'**  
**(Course No:201984527J002)**

This is to inform you that Japan International Cooperation Agency (JICA) will consider completed applications of qualified participants nominated by the Government of the Democratic Socialist Republic of Sri Lanka for the above Technical Training Course.

The duration of the training course is from **19<sup>th</sup> January ~ 1<sup>st</sup> February 2020.**

The participants for the above course should be nominated in accordance with the General Information (GI) regulations. Eight copies of the General Information (GI) booklets are attached for distribution to the relevant authorities.

To further expedite the selection procedures, let us suggest the following institution(s) as below mentioned that are considered as eligible in accordance with the stipulations of the GI.

- **Ministry of Health, Nutrition and Indigenous Medicine**
- **Department of National Planning under the Ministry of Finance**

Please make necessary arrangements to submit duly completed documents to reach JICA Sri Lanka office **on or before 1<sup>st</sup> November 2019.**

- **Duly filled prescribed Application Form (New Official Application attached)**
- **Copy of the Nominee's English Score Sheet (e.g. TOEFL, TOEIC, IELTS)**
- **Copy of the passport**

In completing the application forms, kindly advise the nominees to use the same name order as given in the passport, where JICA shall issue official documents relevant to visa in the similar order on his/her acceptance by JICA. In case passports are not available at the time of nomination, on receipt of JICA acceptance notification letter, nominees are expected to issue passports in the same name order as mentioned in the training application.

We also note that, handwritten training applications shall not be accepted by JICA at any reason.

In addition, kindly advise the nominating organizations to share the GI Booklets with their nominees for a better understanding of the training requirements, whereas JICA conducts its selection interviews principally based on the contents of the respective GIs.

Cont.../2

Thank you.

Yours sincerely,

  
**Kiyofumi TAKASHIMA**  
**Senior Representative**  
**JICA Sri Lanka office**

Copy:  The Secretary - Ministry of Health, Nutrition and Indigenous Medicine  
 The Director General - Department of National Planning  
 Ms. Chiharu Hoshiai, First Secretary, Embassy of Japan





# Knowledge Co-Creation Program (Group & Region Focus)

GENERAL INFORMATION ON

Strengthening Social Health Protection Towards  
Universal Health Coverage

課題別研修

「ユニバーサルヘルスカバレッジ達成のための医療保障制度強化」

JFY 2019

NO. 201984527J002

Course Period in Japan: From January 19th, 2020 to February 1st, 2020

This information pertains to one of the JICA Knowledge Co-Creation Program (Group & Region-Focus) of the Japan International Cooperation Agency (JICA), which shall be implemented as part of the Official Development Assistance of the Government of Japan based on bilateral agreement between both Governments.

'JICA Knowledge Co-Creation Program (KCCP)' as a New Start

In the Development Cooperation Charter which was released from the Japanese Cabinet on February 2015, it is clearly pointed out that *"In its development cooperation, Japan has maintained the spirit of jointly creating things that suit partner countries while respecting ownership, intentions and intrinsic characteristics of the country concerned based on a field-oriented approach through dialogue and collaboration. It has also maintained the approach of building reciprocal relationships with developing countries in which both sides learn from each other and grow and develop together."* We believe that this 'Knowledge Co-Creation Program' will serve as a center of mutual learning process.

1/15

For JICA applications download: ERD website

Deadline of A2A3 application in  
JICA Sri Lanka office is 01/11/2019

# **I. Concept**

## **Background**

Universal Health Coverage (UHC) is defined by the World Health Organization as, "ensuring that all people can use the appropriate health services they need without financial hardship." Moreover, in Sustainable Development Goals (SDGs), achieving UHC including financial risk protection, access to quality essential health care services, and access to safe, effective, quality, and affordable essential medicines and vaccines for all" is titled one of the measure goals. In countries of the Asian and African region, efforts on building a robust social health protection system have been made to provide the better health care system.

However, there are many barriers for the achievement of UHC, for example, coverage to low-income populations, needs for more health care resources, maintaining financial sustainability, measures for disparities among regions in each country and between public and private care providers in the quality and quantity of services.

While Japan has established health insurance coverage for all its citizens in 1961 during the early stages of economic development, these complex issues were also faced by the Japanese Government. Hard and continuous efforts to achieve and maintain UHC have been made and are also currently ongoing. While the situations in respective countries may differ, the UHC policy responses made in Japan, and the lessons that could be learned from them can give guidance to countries facing with similar problems. This training course is for government officers in Asian and African countries, who take a central role in the decision making for health care policies to ensure access to services (UHC) through health insurance. The course aims to develop capacities to meet the challenges, through analyzing the experiences of Japan and current situations in participants' countries and discussing methods to strengthen social health protection systems for UHC.

## **For what?**

This program aims at capacity building through sharing of Japan's experiences and analyses of health policy issues in each participating country. Participants will gain practical knowledge for the development of UHC through health insurance that secure people's fair access to health security.

## **For whom?**

Eligible participants should be director-level officials of central governments and government agencies who are responsible for the policy formulation and management in the field of health insurance, health care provision and etc.

Eligible participants should have experience of working for the policy formulation and management in the field of health insurance and health care provision for minimum of 3 years.



Participants will be selected maximum two officials from each country.

### **How?**

Through sharing Japan's experiences and analyses of health policy issues in each participating country, the participants are expected to gain knowledge and skills for the development of UHC in their respective countries. The participants are also required to make the documents summarizing what they have learned through this course and make best use of them for the development of UHC in their respective countries.

## **II. Description**

- 1. Title (No.)**  
**Strengthening Social Health Protection Towards Universal Health Coverage (201984527J002)**
- 2. Period of program**

Duration of whole program:	From December 2019 to February 2020
Preliminary Phase: (in participants' home country)	From December 2019 to January 2020
Core Phase in Japan:	From January 19th to February 1st, 2020
- 3. Target Regions or Countries**  
Cambodia, Egypt, Ghana, Indonesia, Myanmar, Kenya, Laos, Nigeria, Senegal, Sri Lanka and Sudan
- 4. Eligible / Target Organization**  
This program is designed for government agencies that are responsible for the policy formulation and management in the field of health insurance and health care provision.
- 5. Course Capacity (Upper limit of Participants)**  
12 participants
- 6. Language to be used in this program**  
English
- 7. Course Objective**  
By sharing Japan's experiences and analyzing health policy issues in each participating country, the participants will gain knowledge for the development and administration of health system to provide UHC.
- 8. Overall Goal**  
The participants are prepared to take a leading role in policy making for achieving UHC in the context of their home country.
- 9. Expected Module Output and Contents**  
This program consists of the following components. Details on each component are given below:

Expected Module Output	Subject/Agenda	Methodology
<b>Preliminary Phase in a participant's home country</b>		
<u>Preliminary Phase</u>	<u>Formulation and submission of an Inception report</u>	
<b>Core Phase in Japan</b>		
1. Understand the basic concept of UHC and learn methods, strategies and necessary conditions to achieve it.	Lectures on the meaning/implication of methods for UHC (All participants are expected to read all of the titles listed in the reading list prior to the course).	Lecture
2. Describe and analyze the health care provision and social health protection system of the participant's country and share the understanding with other participants.	(1) Presentation of <u>an Inception report</u> and discussion over comparative analyses by all participants (Describe the present status of the health care provision and medical security of his/her country and discuss on it with other participants).	Presentation, Discussion
	(2) Lectures and discussion on Japan's health care provision and health protection system from the viewpoint of international comparison.	Lecture, Discussion
	(3) Lecture on Thai experience towards UHC.	Lecture, Discussion
	(4) Introduction from JICA's Project for UHC.	Lecture, Discussion
3. Describe the social, economic, political and administrative conditions which made it possible for Japan to achieve UHC.	Lectures on historical development of Japan's UHC: social, economic, political and administrative conditions that made UHC possible (what is similar to and different from present participants' countries?).	Lecture

4. Explain difficulties and challenges for Japan to sustain UHC and measures to tackle them.	(1) Lectures and discussion on Japan's experiences to maintain UHC. 1) Maintaining health insurance system (enrollment schemes; premium setting and collection methods; financing mechanism; medical assistance and other financial assistance programs for the vulnerable) 2) Provision of health care services (balancing regional disparity) 3) Quality of care and patient safety 4) Benefit package and containment of health care expenditure (biennial fee schedule revision; DPC; health technology assessment, clinical guidelines). 5) Population ageing and integrated care	Lecture, Discussion
	(2) Field visit to municipal governments administering health insurance and welfare services as well as health care providers (a local hospital).	Field visit
5. Describe in detail characteristics of health care provision/financing of selected countries and their similarities/differences with Japan and participating countries.	Daily wrap up discussion summarizing what participants have learned at the end of the day, an interim summary to be held at the end of the first week.	Discussion
6. Compile a report (discussion note) summarizing the policy agenda and how to address it in each country.	(1) Final discussion and question/answer.	Discussion
	(2) Presentation by all participants on the reports (discussion notes) they prepared.	Presentation

**<Structure of the program>**

1. Preliminary phase (activities in your home country): Preparation of the Inception report.
2. Core Phase (activities in Japan, 2020/01/19(Sun)-2020/2/1(Sat):



Topic outline (subject to minor changes)

<Program Outline>

Please refer to the schedule in a previous program.

Date	AM	PM
Day 1	Briefing Session by JICA	<ul style="list-style-type: none"> <li>Program Orientation</li> </ul> <b>【Lecture】</b> Japan's Health Care and Financing
Day 2	<b>【Lecture】</b> Medical Insurance System in Japan	<b>【Lecture】</b> The uniform fee schedule and diagnosis-procedure-combination(DPC)
Day 3	<b>【Lecture】</b> Inception Report Presentation	<b>【Lecture】</b> Inception Report Presentation  Sharing of each country's experiences Briefing on Discussion Note Presentation
Day 4	<b>【Lecture】</b> "Overall of UHC System in Thailand: Achievement and Challenges"  "Fund Management: Thailand's Experience"	<b>【Lecture】</b> Factors to achieve UHC in Japan  <b>【Group Work】</b> Review Session (Clarifying points in question)
Day 5	<b>【Lecture】</b> Japan's Public Health • Healthcare System in Remote Area	<b>【Lecture】</b> Economic evaluation on Japan's Health Service
Day 6	<b>【Lecture】</b> Preparation and Submission of Health Insurance Claims by Medical Institution  The role of Public Hospitals for Medical Service and Community based Integrated Care System/ Observation tour of Hospital	<b>【Lecture】</b> NHI, Elderly's Health Insurance System, Long-term Care and Community based Integrated care in Fukuchiyama City
Day 7	<b>【Field visit】</b> The Role of Prefectures in NHI Operation  Health Check-up and Health Promotion Project in Kyoto Prefecture	



Day 8	Feedback discussion on Fukuchiyama City & Kyoto Visit	【Lecture and Site Visit】 Health Insurance Claims Review & Reimbursement System in Japan's Health Insurance
Day 9	【Lecture】 ICA's assistance in achieving Universal Health Coverage(UHC) in developing countries  Explanation on Discussion Note Making	Preparation for Discussion Note or Information Sharing among Participants
Day 10	• Discussion Note presentation 1	• Discussion Note presentation 2 • Evaluation Meeting / Closing ceremony

### **III. Conditions and Procedures for Application**

#### **1. Expectations from the Participating Organizations**

- (1) This program is designed primarily for organizations that intend to address specific issues or problems identified in their operation. Participating organizations are expected to use the project for those specific purposes.
- (2) This program is enriched with contents and facilitation schemes specially developed in collaboration with relevant prominent organizations in Japan. These special features enable the project to meet specific requirements of applying organizations and effectively facilitate them toward solutions for the issues and problems.

#### **2. Nominee Qualifications**

Applying Organizations are expected to select nominees who meet the following qualifications.

##### **(1) Essential Qualifications**

- 1) Current Duties: Director level central government officials and government agencies who are responsible for the policy formulation and management on health insurance, health care provision.
- 2) Experience in the relevant field: Officials, who have worked for the policy formulation and management in the field of health insurance and health care provision for minimum of 3 years.
- 3) Educational Background: be a graduate of university
- 4) Language: have a competent command of spoken and written English which is equal to TOEFL CBT 250 or more (This workshop includes active participation in discussions, final report development, thus requires high

competence of English ability. Please attach an official certificate for English ability such as TOEFL, TOEIC etc., if possible)

- 5) Health: must be in good health, both physically and mentally, to participate in the Program in Japan. Pregnant applicants are not recommended to apply due to the potential risk of health and life issues of mother and fetus.

## (2) Recommendable Qualifications

- 1) Currently engaged in/contributing to, and expected to be in the future, health policy development related to UHC
- 2) Participants from organizations such as ①the Ministry of Health or ②the Office of Health Insurance are welcomed.
- 3) Gender Consideration: JICA is promoting Gender equality. Women are encouraged to apply for the program.

\*In this course, the topic will be widely focused on the policy formulation and management in the field of health insurance and health care provision for achieving UHC.

## 3. Required Documents for Application

- (1) **Application Form:** The Application Form is available at **the JICA office (or the Embassy of Japan)**.

\*If you have any difficulties/disabilities which require assistance, please specify necessary assistances in the Medical History(1-(d)) of the application forms. It may allow us (people concerned in this course) to prepare better logistics or alternatives.

- (2) **Photocopy of Passport:** to be submitted with the application form, if you possess your passport which you will carry when entering Japan for this program. If not, you are requested to submit its photocopy as soon as you obtain it.

\*Photocopy should include the followings:

Name, Date of Birth, Nationality, Sex, Passport Number and Expire date.

- (3) **Nominee's English Score Sheet:** to be submitted with the application forms, if you have any official documentation of English ability. (e.g., TOEFL, TOEIC, IELTS)

## 4. Procedures for Application and Selection

- (1) **Submission of the Application Documents:**

Closing date for application to the JICA Tokyo: **7, November, 2019**

Note: Please confirm the closing date set by the respective country's JICA office or Embassy of Japan of your country to meet the final date in Japan.

- (2) **Selection:**

8/15

**Deadline of A2A3 application |  
JICA Sri Lanka office is 01/11/2019**

**For JICA applications download: ERD website**



After receiving the documents through proper channels from your government, the JICA office (or the embassy of Japan) will conduct screenings, and then forward the documents to the JICA Center in Japan. Selection will be made by the JICA Center in consultation with concerned organizations in Japan. *The applying organization with the best intention to utilize the opportunity of this program will be highly valued in the selection.* Qualifications of applicants who belong to the military or other military-related organizations and/or who are enlisted in the military will be examined by the Government of Japan on a case-by-case basis, consistent with the Development Cooperation Charter of Japan, taking into consideration their duties, positions in the organization, and other relevant information in a comprehensive manner.

**(3) Notice of Acceptance**

Notification of results will be made by the JICA office (or the Embassy of Japan) **not later than 5, December, 2019.**

**5. Document(s) to be submitted by accepted candidates**

Inception Report – to be submitted by **9 January, 2020:**

Before coming to Japan, only accepted candidates are required to prepare an Inception Report (detailed information is provided in the ANNEX "Inception Report".) The Inception Report should be sent to JICA by **9 January, 2020,** preferably by e-mail to [ticthdop@jica.go.jp](mailto:ticthdop@jica.go.jp).

**Please include the course title and number “Strengthening Social Health Protection Towards Universal Health Coverage 201984527J002” in the e-mail title.**

**6. Conditions for Attendance**

- (1) to strictly adhere to the program schedule.
- (2) not to change the program topics.
- (3) not to extend the period of stay in Japan.
- (4) not to be accompanied by family members during the program.
- (5) to return to home countries at the end of the program in accordance with the travel schedule designated by JICA.
- (6) to refrain from engaging in any political activities, or any form of employment for profit or gain.
- (7) to observe Japanese laws and ordinances. If there is any violation of said laws and ordinances, participants may be required to return part or all of the training expenditure depending on the severity of said violation.
- (8) to observe the rules and regulations of the accommodation and not to change the accommodation designated by JICA.



## IV. Administrative Arrangements

### 1. Organizer

(1) **Name:** JICA TOKYO

(2) **Contact:** Ms. Yoko SADAIE/ Ms. Emiri TAKASHIMA ([ticthdop@jica.go.jp](mailto:ticthdop@jica.go.jp))

### 2. Implementing Partner

(1) **Name:** National Institute of Public Health (NIPH)

(2) **URL:** [http://www.niph.go.jp/index\\_en.html](http://www.niph.go.jp/index_en.html)

(3) **Remark:** NIPH is a research & training institute of Ministry of Health, Labour & Welfare (MHLW). Its mission is to provide professional training and assistance to public health as well as social welfare professionals working at local governments. It also contributes to the international assistance in the field of public health, environmental health as well as health crisis management.

### 3. Travel to Japan

(1) **Air Ticket:** The cost of a round-trip ticket between an international airport designated by JICA and Japan will be borne by JICA.

(2) **Travel Insurance:** Coverage is from time of arrival up to departure in Japan. Thus traveling time outside Japan will not be covered.

### 4. Accommodation in Japan

JICA will arrange the following accommodations for the participants in Japan:

**JICA Tokyo Center (JICA TOKYO)**

Address: 2-49-5 Nishihara, Shibuya-ku, Tokyo 151-0066, Japan

TEL: 81-3-3485-7051 FAX: 81-3-3485-7904

(where "81" is the country code for Japan, and "3" is the local area code)

If there is no vacancy at JICA TOKYO, JICA will arrange alternative accommodations for the participants. Please refer to facility guide of TIC at its URL, <https://www.jica.go.jp/tokyo/english/office/index.html>

### 5. Expenses

The following expenses will be provided for the participants by JICA:

(1) Allowances for accommodation, meals, living expenses, outfit, and shipping

(2) Expenses for study tours (basically in the form of train tickets.)

(3) Free medical care for participants who become ill after arriving in Japan (costs related to pre-existing illness, pregnancy, or dental treatment are not included)

(4) Expenses for program implementation, including materials

For more details, please see "III. ALLOWANCES" of the brochure for participants titled "KENSU-IN GUIDE BOOK," which will be given before departure for Japan.

## **6. Pre-departure Orientation**

A pre-departure orientation will be held at the respective country's JICA office (or Japanese Embassy), to provide participants with details on travel to Japan, conditions of the workshop, and other matters.

## ***V. Other Information***

If you bring your own pc with you, Wi-Fi is available in the entire buildings of TIC.

## **VI. ANNEX**

### Instructions for Preparation of Inception Reports

Nobuyoshi WATAHIKI, Dr.PH, M.Ed.  
(National Institute of Public Health, course facilitator)

In the beginning of the course, each participant is required to present an inception report on your country's health system. Purposes for this are to introduce each other and to share the basic healthcare profiles of countries, from which participants came. By so doing, participants would understand commonalities and differences in issues they are facing and thus take an active part in the discussion throughout the course.

Covering the below topics, please prepare your presentation in power point format. Presentation format will be sent to the accepted candidates shortly after the selection.

Topics that should be covered in your presentation:

1. Self introduction
2. Key health indicators (incl. coverage and ratio of 'Out of pockets for health' )
3. Healthcare expenditure
4. Structure of health system
5. Public/private mix in service delivery
6. Financing mechanism
7. Recognised challenges to achieve UHC
8. What you expect to learn from Japan's experience

#### **Reading List**

World Health Organization (2010) Health systems financing: the path to universal coverage. Geneva: WHO

<http://www.who.int/whr/2010/en/>

World Health Organization Research for universal health coverage: World Health Report 2013. Geneva: WHO

<http://www.who.int/whr/2013/report/en/>

Ministry of Health, Labour and Welfare, Japan (2017) Annual Health, Labour and Welfare Report 2017 (Read "Summary" and "No.02 Health and Medical Services")

<https://www.mhlw.go.jp/english/wp/wp-hw11/index.html>



“Summary”

<https://www.mhlw.go.jp/english/wp/wp-hw11/dl/summary.pdf>

“No.02 Health and Medical Services”

<http://www.mhlw.go.jp/english/wp/wp-hw10/dl/02e.pdf>

Recommended Readings:

World Health Organization/The World Bank: Tracking Universal Health Coverage: 2017 Global Monitoring Report

[http://www.who.int/healthinfo/universal\\_health\\_coverage/report/2017/en/](http://www.who.int/healthinfo/universal_health_coverage/report/2017/en/)

Joseph Kutzin. Health financing for universal coverage and health system performance: concepts and implications for policy. Bull World Health Organ 2013; 91:602-611

Doi: <http://dx.doi.org/10.2471/BLT.12.113985>

Bruno Meessen & Belma Malanda for the Community of Practice “Health Service Delivery”. No Universal health coverage without local health systems. Bull World Health Organ 2014;92:78-78A

Doi: <http://dx.doi.org/10.2471/BLT.14.135228>

## *For Your Reference*

### **JICA and Capacity Development**

The key concept underpinning JICA operations since its establishment in 1974 has been the conviction that “capacity development” is central to the socioeconomic development of any country, regardless of the specific operational scheme one may be undertaking, i.e. expert assignments, development projects, development study projects, training programs, JOCV programs, etc.

Within this wide range of programs, Training Programs have long occupied an important place in JICA operations. Conducted in Japan, they provide partner countries with opportunities to acquire practical knowledge accumulated in Japanese society. Participants dispatched by partner countries might find useful knowledge and re-create their own knowledge for enhancement of their own capacity or that of the organization and society to which they belong.

About 460 pre-organized programs cover a wide range of professional fields, ranging from education, health, infrastructure, energy, trade and finance, to agriculture, rural development, gender mainstreaming, and environmental protection. A variety of programs are being customized to address the specific needs of different target organizations, such as policy-making organizations, service provision organizations, as well as research and academic institutions. Some programs are organized to target a certain group of countries with similar developmental challenges.

### **Japanese Development Experience**

Japan was the first non-Western country to successfully modernize its society and industrialize its economy. At the core of this process, which started more than 140 years ago, was the “*adopt and adapt*” concept by which a wide range of appropriate skills and knowledge have been imported from developed countries; these skills and knowledge have been adapted and/or improved using local skills, knowledge and initiatives. They finally became internalized in Japanese society to suit its local needs and conditions.

From engineering technology to production management methods, most of the know-how that has enabled Japan to become what it is today has emanated from this “*adoption and adaptation*” process, which, of course, has been accompanied by countless failures and errors behind the success stories. We presume that such experiences, both successful and unsuccessful, will be useful to our partners who are trying to address the challenges currently faced by developing countries.

However, it is rather challenging to share with our partners this whole body of Japan’s developmental experience. This difficulty has to do, in part, with the challenge of explaining a body of “tacit knowledge,” a type of knowledge that cannot fully be expressed in words or numbers. Adding to this difficulty are the social and cultural systems of Japan that vastly differ from those of other Western industrialized countries, and hence still remain unfamiliar to many partner countries. Simply stated, coming to Japan might be one way of overcoming such a cultural gap.

JICA, therefore, would like to invite as many leaders of partner countries as possible to come and visit us, to mingle with the Japanese people, and witness the advantages as well as the disadvantages of Japanese systems, so that integration of their findings might help them reach their developmental objectives.



***CORRESPONDENCE***

For enquiries and further information, please contact the JICA office or the Embassy of Japan. Further, address correspondence to:

**JICA Tokyo Center (JICA TOKYO)**

**Address: 2-49-5 Nishihara, Shibuya-ku, Tokyo 151-0066, Japan**

**TEL: +81-3-3485-7051 FAX: +81-3-3485-7904**