



ID / YED for nomination thru relevant DDG / PHS II



Kapita S.

P-2053

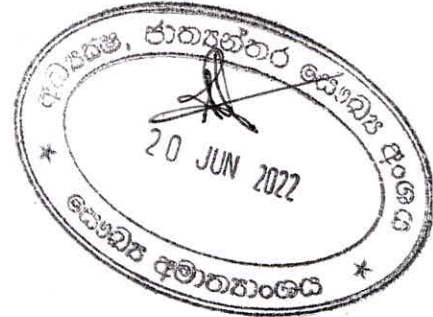
Please advertise on website  
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16<sup>th</sup> June, 2022.

Director General  
Department of External Resources  
Ministry of Finance  
The Secretariat  
Colombo 1.

Attention: Additional Director General, TA & Multilateral Division

Dear Sir,



**Request Nomination for JICA Knowledge Co-Creation Program (Online)**

**Policies and Actions Responding to Aging Challenges**

**-Promoting Community-based Integrated Care -**

**No.202107777-J001**

This is to inform you that Japan International Cooperation Agency (JICA) will consider completed applications of qualified participants nominated by the Government of the Democratic Socialist Republic of Sri Lanka for the above training course to be conducted online in Sri Lanka.

Please note that as a preventive measure against global spread of COVID 19 pandemic program will be conducted using Internet facilities through distance learning modality to selected participants only. Accordingly, nominations should be made in accordance with the General Information (GI) regulations attached herewith, in consideration of below information.

- JICA recommends below "Target Agencies" in line with GI content to facilitate your nomination process. Please refer GI for details on eligibility of applicants.
    - ✓ Ministry of Health  
Division of International Health
    - ✓ Directorate for Youth, Elderly & Disability
    - ✓ Ministry of Women, Child Affairs & Social Empowerment
    - ✓ National Secretariat for Elders
  - Nominating agencies are requested to apply New JICA KCCP online application forms (to be downloaded from ERD website).
  - Applicants should be able to fully attend online sessions **from 3 to 28 October 2022**. The venue to attend the online training should be determined by the internet environment of the participant (e.g. home or office) and in between selected participant and his/her nominating Agency.
- (note: For accepted participants who may not have accessibility to sound internet environment, JICA Sri Lanka office will arrange to lend WiFi broadband on his/her request.)
- Nominating agencies will be expected to grant essential leave to accepted participant for successful course participation.

In consideration of above procedures, you are kindly requested to arrange to submit duly completed application documents as below to reach JICA Sri Lanka office on or before 25<sup>th</sup> August, 2022, besides requesting line agencies to share advance copies of application documents by 22<sup>nd</sup> of August 2022 via email.

- **Duly filled prescribed Application Form**
- **Copy of the Nominee's English Score Sheet, if available (e.g. TOEFL, TOEIC, IELTS)**
- **Copy of the passport or other official ID if do not possess a passport (P.S. – should include Name, Date of Birth, Nationality & Sex)**
- **Status Report of Value-Chain (Please refer the GI on Page No.9)**

Yours sincerely,



**TAKASHIMA Kiyofumi**  
Senior Representative  
JICA Sri Lanka office

C.c. Secretary, Ministry of Health  
Division of International Health  
Directorate for Youth, Elderly & Disability  
Ministry of Women, Child Affairs & Social Empowerment  
National Secretariat for Elders  
Ms. Chiharu Hoshiai, First Secretary, Embassy of Japan





**【Online】**  
**Knowledge Co-Creation**  
**Program**  
**(Group & Region Focus)**

**GENERAL INFORMATION ON**

**Policies and Actions Responding to Aging Challenges**  
**- Promoting Community-based Integrated Care -**

**課題別研修「高齢化対策」**

**JFY 2022**

**Course No.: 202107777-J001**

**Online Course Period : From October 3, 2022 to October 28, 2022**

**In the context of the COVID-19 pandemic, please note that there is still a possibility the course period will be changed, shortened, or the course itself will be cancelled.**

This information pertains to one of the JICA Knowledge Co-Creation Programs (Group & Region Focus) of the Japan International Cooperation Agency (JICA) implemented as part of the Official Development Assistance of the Government of Japan based on bilateral agreement between both Governments.

**JICA Knowledge Co-Creation Program (KCCP)**

The Japanese Cabinet released the Development Cooperation Charter in February 2015, which stated, "*In its development cooperation, Japan has maintained the spirit of jointly creating things that suit partner countries while respecting ownership, intentions and intrinsic characteristics of the country concerned based on a field-oriented approach through dialogue and collaboration. It has also maintained the approach of building reciprocal relationships with developing countries in which both sides learn from each other and grow and develop together.*" JICA believes that this 'Knowledge Co-Creation Program' will serve as a foundation of mutual learning process.

# **I. Concept**

## **Background**

In Japan, the ratio of persons aged 65 or above in the total population was 12.5% in 1990. However, it has been rapidly increasing to 29.1% in 2021 and is expected to grow to 35.3% by 2040.

On the other hand, some countries will experience more rapid aging than Japan had in the past. As for the years required for the proportion of older adults to double from 7% to 14%, Japan took only 24 years while western countries generally took about 40 to 110 years. This fact shows that Japan experienced an unprecedented speed of aging. However, in Thailand, it is estimated to be 20 years. The figure in Sri Lanka is 19 years, and 18 years in Vietnam, which are even shorter than in Japan. Strategies responding to aging will become important soon in the countries where currently the young generation makes up most of the population, as life expectancy increases with improving quality of medical care.

Policies and programs in Japan have been developed over the years, such as social services under the Act on Social Welfare for the Elderly and health services under the Act on Assurance of Medical Care for Elderly People, not to mention the universal health insurance coverage attained in 1961. The long-term care insurance program started in 2000. However, its social system now faces sustainability problems such as increasing medical costs, a growing number of older adults in need of long-term care, and a shortage of care workers.

Some countries will be facing aging from now on at a stage where the national economy is still developing. There is an urgent need to prepare for medical and social services to older adults, and assure their quality of life and social participation, by making maximum use of limited resources.

For the above reasons, this course aims to develop the capacity of government officials working on policies and programs for an aging/aged society, through sharing experiences and current knowledge in Japan and discussing strategies on aging/aged societies in the participants' countries.

## **For what?**

This program aims to strengthen the capacity of central government officials who are engaged in policy and program formulation on an aging/aged society.

## **For whom?**

This program is for officials of central government organizations responsible for aging policies and programs such as social welfare or health.

The officials who have a working experience at the local level are preferred.

**How?**

This program aims to develop the capacity of central/local government officials working on aging/aged society challenges by sharing Japanese knowledge and experiences. The program covers policies and strategies on such issues as health care, long-term care, and social participation.

This year, the whole program is provided online and on-demand learning.



## **II. Description**

**1. Title (Course No.): Policies and Actions Responding to Aging Challenges  
- Promoting Community-based Integrated Care - (202107777-J001)**

**2. Online Course Period**

October 3 to October 28, 2022

(11 days: every Monday, Wednesday, and Friday except for October 10 which is the national holiday in Japan)

**3. Target Regions or Countries**

Chile, Indonesia, Malaysia, Mauritius, Mexico, Morocco, Sri Lanka and Vietnam

**4. Eligible / Target Organization**

The target of this program is central government organizations engaged in aging policies and programs such as social services and health.

**5. Course Capacity (Upper limit of Participants)**

12 participants

**6. Language: English**

**7. Course Objective**

To develop the capacity of government officials working on policy and program formulation on an aging/aged society

**8. Overall Goal**

Through the strengthening of strategies for an aging/aged society, the quality of older adults' life is improved.

## 9. Expected Module Output and Contents

This program consists of the following components.

Expected Module Output	Subjects/Agendas	Methodology
Preliminary Phase	Writing an inception report, including taking photographs to show challenges as well as strengths in addressing the challenges	Exercise
1. Understand the historical development and ongoing initiatives in Japan's policies responding to the challenges of an aging/aged society.	(1) Past and current challenges, priorities, and policies in Japan	On-demand learning Online Q&A/discussion
	(2) Ensuring decent life and access to healthcare for older adults: Income security and health insurance programs	On-demand learning Online Q&A/discussion
	(3) Ensuring access to long-term care services: Long-term care insurance	On-demand learning, Online Q&A/discussion
	(4) Addressing dementia: Current situation of cognitive impairments of older adults and policy programs	On-demand learning, Online Q&A/discussion
	(5) Care management: Ensuring adequate services for older adults in need of care	On-demand learning, Online Q &A/discussion
2. Identify each country's future challenges and priority policy issues on aging, in the light of experiences in Japan and other countries.	(1) Sharing participants' countries' experiences (Presentation of inception reports)	Online presentation/ discussion
	(2) Exchanges of views with older adults in Japan	On-demand learning, Online visit
	(3) Implications of Japan's experiences in identifying the challenges and priorities of participants' countries	Online discussion
3. Understand the concept and practice of	(1) Concept and strategy of Community-based Integrated Care in Japan	On-demand learning, Online Q&A/discussion

community-based integrated care in Japan and explore the way to design a caring community.	(2) Translating the concept of Community-based Integrated Care into practice in local contexts.	On-demand learning, Online visits
	(3) Exploring the opportunity to practice community-based integrated care in each country	Online discussion
4. Analyze the situation and challenges of each country, and summarize the ideas on short, medium, and long-term policy actions.	(1) Analyzing each country's situation and challenges	Exercise
	(2) Deepening the thoughts on policy actions in the short, medium, and long-term for preparing a discussion note	Exercise
	(3) Sharing discussion notes among participants	Online presentation/ discussion

#### 10. Time of online sessions

This program consists of online sessions and on-demand learning.

Online sessions are at the following times;

- 20:00-22:00 in Japan
- Malaysia: 19:00-21:00,
- Indonesia and Vietnam: 18:00-20:00,
- Sri Lanka: 16:30-18:30, Mauritius: 15:00-17:00,
- Morocco: 12:00-14:00, Chili: 8:00-10:00,
- Mexico: 6:00-8:00

On-demand learning means watching recorded lectures at any time and submitting feedback for each lecture.

You are required to attend both sessions. However, if the time of the online session is too early in the morning or too late in the evening, we will provide you with recorded videos of online sessions.



### **III. Conditions and Procedures for Application**

#### **1. Expectations from the Applying Organizations**

- (1) This program is designed primarily for organizations that intend to address specific issues or problems identified in their operation. Applying organizations are expected to use the program for those specific purposes.
- (2) This program is enriched with contents and facilitation schemes specially developed in collaboration with relevant prominent organizations in Japan. These special features enable the course to meet specific requirements of applying organizations and effectively facilitate them toward solutions for the issues and problems.

#### **2. Nominee Qualifications**

Applying Organizations are expected to select nominees who meet the following qualifications.

##### **(1) Essential Qualifications**

- 1) Current Duties: be central government officials (above the rank of section chief) who are responsible for aging policies and policy formulation.
- 2) At least 5 years of policy formulation responsibility and associated policy planning.
- 3) Educational Background: be a graduate of university.  
Language: have a competent command of spoken and written English which is equal to TOEFL iBT 100 or more (This program encourages active participation in discussions, which requires high competence of English ability.
- 4) Please attach an official certificate for English ability such as TOEFL, TOEIC etc., if possible)
- 5) Internet learning environment: have the Internet learning environment (devices, software\*, and networks) at home or workplace.  
\*We are planning to use "Zoom" for online sessions and "Youtube" for the offline (on-demand) sessions.
- 6) Health: must be in good health, both physically and mentally, to participate in the Program.

##### **(2) Recommendable Qualifications**

- 1) **Those who are counterpart of JICA's projects may have higher priority than the others. Please describe your relationship and responsibility related to JICA's project in Application Form.**
- 2) Having a working experience at the local level is preferable.
- 3) Gender consideration: JICA promotes gender equality. Women are encouraged to apply for the program.

- 4) Difficulties/Disabilities: The participation of person with difficulties/disabilities is welcomed. Reasonable accommodation for persons with difficulties/disabilities will be made. Please write your situation in the Questionnaire on medical status restriction of the Application form. (Japan ratified the Convention on the Rights of Persons with Disabilities in January 2014 and JICA has observed it.)

### 3. Required Documents for Application

- (1) **Application Form:** The Application Form is available at **the JICA overseas office (or the Embassy of Japan)**.

\*If you have any difficulties/disabilities which require assistance, please specify necessary assistances in the application forms. Information will be reviewed and used for reasonable accommodation.

- (2) **Photocopy of passport or identification card with photo:** to be submitted with the application form, if you possess your passport. If not, you are requested to submit a photocopy of an alternative official identification.

\*Photocopy should include the followings: Name, Date of birth, Nationality and Sex.

- (3) **Nominee's English Score Sheet:** to be submitted with the application form. If you have any official documentation of English ability. (e.g., TOEFL, TOEIC, IELTS)

- (4) **Others:** please write detail information that is able to contact to you such as email, cell phone and WhatsApp account and so on in the application form.

### 4. Procedures for Application and Selection

- (1) **Submission of the Application Documents**

Closing date for applications: **Please confirm the local deadline with the JICA overseas office (or the Embassy of Japan)**.

(All required material must arrive at **the JICA Center in JAPAN** by September 1st, 2022)

- (2) **Selection**

Primary screening is conducted at the JICA overseas office (or the embassy of Japan) after receiving official documents from your government. JICA Center will consult with concerned organizations in Japan in the process of final selection. Applying organizations with the best intentions to utilize the opportunity will be highly valued.

The Government of Japan will examine applicants who belong to the military or other military-related organizations and/or who are enlisted in the military, taking

into consideration of their duties, positions in the organization and other relevant information in a comprehensive manner to be consistent with the Development Cooperation Charter of Japan.

**(3) Notice of Acceptance**

The JICA overseas office (or the Embassy of Japan) will notify the results **not later than September 15, 2022**.

**5. Additional Document(s) to Be Submitted by Accepted Candidates**

Inception report – to be submitted by **September 30, 2022**.

Before starting the course, only accepted candidates are required to prepare an inception report. (For the detailed information, please see the ANNEX "Inception Report". The detail information will be sent later with the acceptance letter.

**6. Interview**

Only accepted candidates will have the interview **in the end of September**. The detail information will be sent later.

**7. Conditions for Attendance**

(1) to strictly adhere to the program schedule.

(2) not to change the program topics.

(3) to observe the rules and regulations which will be provided by JICA during the course including copyright management of the video and other materials.



## IV. Administrative Arrangements

### 1. Organizer (JICA Center in Japan)

(1) Center: JICA Tokyo Center (JICA TOKYO)

<https://www.jica.go.jp/tokyo/english/office/index.html>

Knowledge Co-Creation Program and Life in Japan

<https://www.youtube.com/watch?v=SLurfKugrEw>

(2) Program Officer: Ms. Yoko Sadaie, Ms. Shiho Hirano. ([ticthdop@jica.go.jp](mailto:ticthdop@jica.go.jp), [Sadaie.Yoko2@jica.go.jp](mailto:Sadaie.Yoko2@jica.go.jp), [Hirano.Shiho@jica.go.jp](mailto:Hirano.Shiho@jica.go.jp))

### Orientation:

Online personal interviews and internet connection tests will be held in the End-of September, 2022.

## V. Other Information

### 1. Testimony / Voices from the past participants

*@We got the updated global trends overview of aging society. On the other hand, I think each country is unique and each country should have strategies suited to the local contexts. During the course, we had opportunity to share the knowledge from other countries.*

*@We got so much knowledge about the policies for aging in Japan. We learned from Japan about the basic ideas how to build social welfare for the elderly.*

*@Long Term Care Insurance (LTCI) is not fully implemented in other countries. This course gave us the information about how it is implemented successfully, so as Integrated Community Care System (ICCS).*

*@It is good to know how we could prevent the future risk of the elderly society. We learned both negative and positive opinion about Long Term Care system in Japan. Through this program, I got many ideas to improve my country's Long Term Care strategy.*

*@Social security system and Long-term care insurance system are essential to achieve universal health coverage. We learned from Japan experiences about social security, pension system and how to fulfill the universal healthcare.*

*@Very impressed in simulating as an elderly by wearing some tools. It seems simple simulation but brings big impact to the young generation's mind. It was very touching. We will put the program into the national policy as one of educational activities.*

## 2. Reference Materials

You may check the reference materials listed below from the web.

- (1) Youtube video: [JICA-Net Library] The Challenge of an Aging Society in Asia  
(Full version)  
<https://www.youtube.com/watch?v=UpbH-GZYadg>  
(Digest)  
<https://www.youtube.com/watch?v=LlyEIsUHe5U>
- (2) Long-term Care Insurance in Japan: Understanding the Ideas behind Its Design  
[https://www.jica.go.jp/english/our\\_work/thematic\\_issues/social/c8h0vm0000f4pxgh-att/insurance.pdf](https://www.jica.go.jp/english/our_work/thematic_issues/social/c8h0vm0000f4pxgh-att/insurance.pdf)
- (3) Long-term Care Insurance System of Japan  
[https://www.mhlw.go.jp/english/policy/care-welfare/care-welfare-elderly/dl/ltcisj\\_e.pdf](https://www.mhlw.go.jp/english/policy/care-welfare/care-welfare-elderly/dl/ltcisj_e.pdf)
- (4) Establishing 'the Community-Based Integrated Care System'  
[https://www.mhlw.go.jp/english/policy/care-welfare/care-welfare-elderly/dl/establish\\_e.pdf](https://www.mhlw.go.jp/english/policy/care-welfare/care-welfare-elderly/dl/establish_e.pdf)
- (5) World Report on Ageing and Health 2015  
<https://apps.who.int/iris/handle/10665/186463>
- (6) WHO Guidelines on Integrated Care for Older People (ICOPE)  
<https://www.who.int/publications/i/item/WHO-FWC-ALC-19.1>
- (7) Live Long and Prosper: Aging in East Asia and Pacific  
<https://openknowledge.worldbank.org/handle/10986/23133>

## VI. ANNEX

※ Only for those accepted

### Guideline for Inception Report

- To share challenges faced by the participants and their respective countries, as well as strengths and assets in addressing the challenges, participants are requested to prepare an inception report.
- At the beginning of the program, each country will have **10 minutes to present the report, and 5 minutes for answering questions.**
- Please send **the report (PowerPoint or equivalent data, less than 3 MB and without being compressed)** to [ticthdop@jica.go.jp](mailto:ticthdop@jica.go.jp) by **September 30, 2022** When you send the data via e-mail, **please include course number (202107777J001) and the course title (Aging) in the e-mail title.**

#### 【Notes】

- The report should be **typed in English**
- Please prepare **one joint presentation per country.** In case you find any inconvenience in preparing a joint presentation, please let us know in advance.
- Please refer to the attached presentation structure.
- Participants are required to **take a photo(s) suggesting the most significant challenge(s) related to aging in her/his work.** The photo(s) should be put on the presentation so that the challenge(s) are/is understood clearly.
- Participants are required to **take a photo(s) showing strength and assets in addressing their challenge(s).** The photo(s) should be put on the slides, and explained by the presenter.
- As for the subject of the photos, it can be a senior citizen who has a story to tell, or colleagues working in a difficult situation. It can be an individual or a group of individuals actively involved in certain activities, or things to help to address the challenges.
- In taking and using photos, making ethical considerations is important. Please **obtain written or oral informed consent from the pictured persons.** It involves full disclosure of the purpose and usage of the photo(s), and the messages to convey through the photo(s).
- If necessary, the presenter can include additional information. However, please stay within the allotted time.



## For Your Reference

### **JICA and Capacity Development**

Technical cooperation is people-to-people cooperation that supports partner countries in enhancing their comprehensive capacities to address development challenges by their own efforts. Instead of applying Japanese technology per se to partner countries, JICA's technical cooperation provides solutions that best fit their needs by working with people living there. In the process, consideration is given to factors such as their regional characteristics, historical background, and languages. JICA does not limit its technical cooperation to human resources development; it offers multi-tiered assistance that also involves organizational strengthening, policy formulation, and institution building.

Implementation methods of JICA's technical cooperation can be divided into two approaches. One is overseas cooperation by dispatching experts and volunteers in various development sectors to partner countries; the other is domestic cooperation by inviting participants from developing countries to Japan. The latter method is the Knowledge Co-Creation Program, formerly called Training Program, and it is one of the core programs carried out in Japan. By inviting officials from partner countries and with cooperation from domestic partners, the Knowledge Co-Creation Program provides technical knowledge and practical solutions for development issues in participating countries.

The Knowledge Co-Creation Program (Group & Region Focus) has long occupied an important place in JICA operations. About 400 pre-organized courses cover a wide range of professional fields, ranging from education, health, infrastructure, energy, trade and finance, to agriculture, rural development, gender mainstreaming, and environmental protection. A variety of programs is being customized by the different target organizations to address the specific needs, such as policy-making organizations, service provision organizations, as well as research and academic institutions. Some programs are organized to target a certain group of countries with similar developmental challenges.

### **Japanese Development Experience**

Japan, as the first non-Western nation to become a developed country, built itself into a country that is free, peaceful, prosperous and democratic while preserving its tradition. Japan will serve as one of the best examples for our partner countries to follow in their own development.

From engineering technology to production management methods, most of the know-how that has enabled Japan to become what it is today has emanated from a process of adoption and adaptation, of course, has been accompanied by countless failures and errors behind the success stories.

Through Japan's progressive adaptation and application of systems, methods and technologies from the West in a way that is suited to its own circumstances, Japan has developed a storehouse of knowledge not found elsewhere from unique systems of organization, administration and personnel management to such social systems as the livelihood improvement approach and governmental organization. It is not easy to apply such experiences to other countries where the circumstances differ, but the experiences can provide ideas and clues useful when devising measures to solve problems.

JICA, therefore, would like to invite as many leaders of partner countries as possible to come and join us, to mingle with the Japanese people, and witness the advantages as well as the disadvantages of Japanese systems, so that integration of their findings might help them reach their developmental objectives.



**Contact Information for Inquiries**

For inquiries and further information, please contact the JICA overseas office or the Embassy of Japan. Further, address correspondence to:

**JICA Tokyo Center (JICA TOKYO)**

**Address: 2-49-5 Nishihara, Shibuya-ku, Tokyo 151-0066, Japan**

TEL: +81-3-3485-7051 FAX: +81-3-3485-7904